



CROSS COUNTRY

TITAN LEGENDS



KEN DUBOIS

2010 Titan Hall of Fame Inductee

A CoSIDA Academic All-American in 1987 and '88, Dubois was inducted into the Titan Hall of Fame in 2010. He ended his career by finishing runner-up at the 1987 MCC cross country championship and 31st at the Great Lakes Regional. He placed in the top 100 at the regional four times, including three times in the top 40. His best finish was in 1985 when he claimed 23rd in 32:53. A three-time All-MCC cross country runner, Dubois also excelled on the track setting the school record in the 5,000 meters. In 1988, he was the recipient of the Cecil Coleman Medal of Honor as the MCC's most outstanding senior male student-athlete.



CHRIS MCPHEE

Four Time All-League

McPhee holds the best finish by a freshman at the NCAA Regional in Detroit Mercy history with a 49th-place effort in 1997. Overall, he earned a top 65 finish in all four of his regional appearances, with his best place of 26th in 1999. A four-time All-MCC honoree, McPhee claimed fourth in 1999 and 2001, seventh in 1997 and eighth in 1998. He won the Running Fit-Detroit Titan Invitational twice (1999, 2001) and still holds the Cass Benton course record of 20:04 in 1999. In 2001, he became the first Titan harrier to win the Michigan Intercollegiate, establishing a course 8k record of 25:37 at Kensington Metropark.